

Braided Friendship Bracelet – with Embroidery Floss

Materials Needed:

- 3 different colors of embroidery floss or yarn – five strands of each color, 24” long each
- Safety pin (you can also use a clipboard)

1. Tie a knot about 2 inches from the top of the threads (Fig.1).
2. Now pin the threads to your jeans or something else to keep your work firmly in place.
3. Separate the threads into the 3 different bunches so that the 5 threads of each color are together. Call them Bunch 1, Bunch 2 and Bunch 3 (Fig. 2).
4. Take hold of Bunch 2 with your left hand and Bunch 3 with your right hand. Cross Bunch 3 over Bunch 2. Bunch 3 is now in the middle (Fig. 3).
5. Now take hold of Bunch 1 with your left hand and Bunch 3 with your right hand. Cross Bunch 1 over Bunch 3. Bunch 1 is now in the middle (Fig. 4).
6. Cross Bunch 2 back over Bunch 1, so bunch 2 is back in the middle. You should now see a braid beginning to form.
7. Continue braiding until the bracelet is as long as you like. Then tie a knot to secure, and cut the remaining threads. Leave about 4 inches, so you can tie the bracelet around your wrist.

Figure 1



Figure 2



Figure 3



Figure 4



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