

# Giving sick children Laughs, hopes and smiles.







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## MAY IS MENTAL HEALTH AWARENESS MONTH.

Mental health an important factor for children dealing with stressful medical situations. The uneasiness of being in an unfamiliar place with new sounds and sights, meeting new people, and the anguish of not understanding what is happening with their bodies. All these elements, and more, bring about worries for children and their families.

Children's mental health is important. That's why we do

what we do. Our arts & crafts outreach programs were created with the mental health of children in mind. Creative activities are known to boost self-esteem, encourage imagination and lift spirits. The items we supply to hospitals for their pediatric patients can help to relieve stress in a positive manner. Coloring books, craft kits, toys, and other activities allow for a pause from the worry and rigors of medical treatments. "Research has demonstrated the healing power of

health. Every bag from Caitlin's Smiles that's filled with art supplies, a book, and activities is a chance for children to heal. Art might not cure all ills, but it can help children discover adventures. When those bags from Caitlin's Smiles arrive, they provide the possibility of improved health." From "Bags of Smiles Promote Stories and Healing," By Martha Peaslee Levine, M.D., Penn State Milton S.

the arts. Writing improves physical and emotional

Hershey Medical Center & author of "Stop That Nose!" Donate to send smiles to hospitalized children in recognition of Mental Health Awareness Month by clicking here. **STAFF CHANGES** 

### Kate Grenoble, our volunteer coordinator, is moving out

Smiles

of state and has left our team. We wish her the best and hope she'll visit when she's back in town. Kate leaves an indelible mark on her time with our organization as the volunteer coordinator. Managing leaders, communicating with volunteers, and keeping our schedule up to date. She did it all in a professional and organized manner, and it was a pleasure to have her as part of the team. For the time being, volunteer coordinator tasks will be shared between Becky, Cheryl and Karen. If you

volunteer@caitlins-smiles.org, give us a call at 717-412-4759 or visit our website. We welcome back Nicole Love. She joins us to take on the event coordinator duties. Some of you may remember her. She worked with us as the office manager in the

past. We are happy to welcome her back on the team

have any questions about volunteering, email us at



a few weeks away, don't wait any longer to now get your foursome registered. We still have some foursomes available! Participants are in for 18 holes of golf, on-course refreshments, prizes for top teams, hole prizes, lots of fun, and a delicious steak dinner afterwards. For more information, click here. Walk For A **Healthy Community** Caitlin's THIGHMARK Bright Blue Future



The Walk for A Healthy Community is approaching fast. There are 31 participating walkers, and they need your support to help Caitlin's Smiles reach our fundraising goal of \$15,000. To date, they have raised \$8,373.

Saturday, May 17 at HACC

Be sure to encourage our walkers with a donation to support their efforts. Below are names/links to some of our walkers' pages. Click on their name to go to their fundraising pages. There you can contribute to support their efforts and Caitlin's Smiles outreach. **Lisa McIntyre Catherine Lindsey Becky Rusbatch Danielle Hornung** 

Family Volunteer Sessions Scheduled for July When the summer days get hot and humid, families look for cool, indoor activities. We have scheduled volunteer sessions for those type of summer days. These sessions

are exclusively for parent(s) with child(ren) during July. Click here to register for the Family Volunteer Sessions.



Best place to volunteer **Public Service Organization Community/Charity Event** 



**MOTORCYCLE RIDE FUNDRAISER WITH BLUE** MOUNTAIN A.B.A.T.E. **SATURDAY** Mountain City

**JULY 19** 

SIGN UP

FROM 11:00-12:00 At Appalachian Harley Davidson



**\$20** RIDER & PASSENGER

**Hellion Custom Cycles** 

A.B.A.T.E. of PA





Linglestown Legion Riders # 272

#### OUR TOP SPONSORS ARE Enola Legion Riders # 751 Mason Dixon Chapter # 57 Lawnton Legion Riders # 998 Freeburn Law

Mr.G's Bar & Sports Grille Members of Keystone Chapter #56 Blue Knights Int. LEMC, PAV - Harrisburg New You Hairstyling Salon

SGC-2439800

**SAVE THE DATE! Sunday, October 5th** Celebration of Smiles Art Auction More information to come.

Note to those who donate artwork, baskets,

and other items: We are now accepting items for this year's auction. Items can be delivered to our office at 3303 North Sixth

for Donations' form. Fill it out and bring it with you when you deliver your donation. Click here to download that form. Made by

Street, Harrisburg, PA 17110, Monday through Thursday, 9:00 am to 5:00 pm. Please download and print the 'Call







other children smile is Caitlin's Become a Volunteer

Creating the opportunity to make

### It doesn't take a lot to make a big difference in a child's life. Become one of our volunteers today.

Make a Donation Help a child smile today by donating to Caitlin's Smiles through PayPal. Thanks for

Join now!



1.800.732.0999. Registration does not imply endorsement.